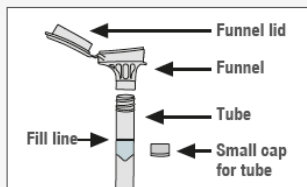


# SALIVA SAMPLE COLLECTION INSTRUCTIONS

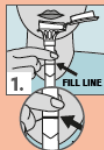
**Wait 30 minutes** after eating, drinking, smoking, teeth brushing or gum chewing.  
**Do NOT remove plastic film** from funnel lid.



Label with date of collection, your initials, and Date of Birth (D.O.B.)

## Collection instructions

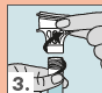
Most people take between 2 and 5 minutes to deliver a saliva sample following steps 1 to 5.



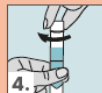
**Spit a SMALL amount of saliva into the funnel.** Gently tap the base of the tube on a flat surface to help the saliva move into the tube. **Check that saliva liquid (not bubbles) reaches the fill line shown in picture #1.**



Hold the tube upright with one hand. **Close the funnel lid** with the other hand (as shown) **by firmly pushing the lid until you hear a loud click.** The liquid in the lid will be released into the tube to mix with the saliva. Make sure that the lid is closed tightly.



Hold the tube upright. **Unscrew the funnel from the tube.**



Pick up the small cap for the tube. **Use the small cap to close the tube tightly.**



**Shake the capped tube for 5 seconds.** Discard or recycle the funnel.



### KIT ACTIVATION:

Please activate your kit using the indicated alphanumeric code. (See image example below)

VIDEO  
INSTRUCTIONS



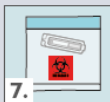
TURN CARD OVER FOR  
SHIPPING INSTRUCTIONS

# SALIVA SAMPLE COLLECTION INSTRUCTIONS

## Shipping instructions



Place sealed, **labeled vial back** into plastic case.

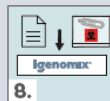


Place case into **provided Bio Bag** and remove the adhesive seal.

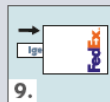


### **KIT ACTIVATION:**

Please ensure that the kit **is activated using the indicated alphanumeric code** (see image example below) before sending the samples to us.



Place sample and documents **back into kit box**.



Place box into Clinical Pak **and apply the return label**. Save document tab for your records. The Clinic Pak can be dropped off at any FedEx shipping center. For assistance, please reach out to [logistics@igenomix.com](mailto:logistics@igenomix.com).